



South County Predators Girls Hockey Association

COVID-19 Response Plan

What to do if an individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in hockey activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available (Face masks are required in all indoor facilities in Essex County)
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- The Team Lead and COVID Committee is to be informed of the situation and will contact the individual or their parent/guardian to determine if next steps are being taken regarding testing
- The OWHA President and/or Director Operations should be informed of the situation as soon as possible

What to do if an individual is tested for COVID-19

- If an individual tests positive for COVID-19, they should inform a member of the SCPGHA COVID-19 Oversight Group
- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The SCPGHA Tracking sheets may be used to assist public health officials in informing other members who may have been in close contact with the individual
- Any association/team members who were in close contact with the individual should not participate in hockey activities for 14 days and should follow public health guidelines regarding self-isolation and testing
- The COVID Committee will inform all members who have been in close contact of a positive COVID-19 result within the hockey program setting
- The COVID Committee and Team Leads will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/ disinfecting should be performed as per the facility's guidelines
- The COVID Committee/Vice President will inform OWHA of a positive COVID19 diagnosis by e- mailing team@owha.on.ca

Return to hockey activities following an illness

- If no test was performed, or the COVID-19 test was negative, the individual may only return to hockey activities once they no longer have any symptoms of COVID-19

Return to hockey activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

Modification/restriction/postponing or canceling of hockey development activities

- Based on the evolving COVID-19 pandemic, the SCPGHA is prepared to follow public health, municipal/ provincial government, and sport recommendations regarding modifying/restricting/postponing or canceling activities
- The association will establish a program cancellation policy if one does not exist already
- Associations members will be informed as soon as possible of any modifications/restrictions or cancellations
- Teams must keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government, or sport officials.

Public Health Guidelines

Association/team members should follow all public health guidelines regarding COVID-19. These may include:

- Any individual who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada (with exception to cross border essential workers who are travelling only for work) must self isolate and not participate in any hockey activities for 14 days
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in hockey activities for 14 days
- Any individual with symptoms of COVID-19 is not permitted to take part in hockey activities
- Any individual who has someone in their household showing symptoms of COVID-19, should not participate in hockey activities